



2022 年陕西专升本考试大学英语真题及答案解析 (阅读题)

Passage One

There are different ways in which people try to deal with the problem of energy. One way is the greater production of common energy sources(能源), such as coal, oil and gas. The trouble with these sources, however, is that they are not renewable.

Another way is energy conservation(节能) which means using energy more efficiently(有效地). In some very cold countries people build special houses to save energy. They place materials between the inside and the outside of the walls of the house to keep the cold out and the warmth in. The house is heated by the lights, the body heat of the people and the other equipment in it.

Finally, renewable energy sources are used even though they are often expensive to develop. One form of these is geothermal energy. In certain parts of the world the temperature of the earth increases thirty degrees centigrade with each kilometre down. At six kilometers, therefore, it rises to nearly two hundred degrees. To get the heat, water is pumped(压;抽) down into the rocks and back up to the surface. Heat from the earth is already used in certain countries.



61. How many ways of dealing with the energy problem are discussed in the text?

- A. Two B. Three C. Four D. Five

62. The underlined words "geothermal energy" in the third paragraph mean ____.

- A. renewable source B. underground source
C. heat inside the earth D. temperature of the earth

63. The writer tells about the special houses" because they ____.

- A. show the excellent skills of the builders
B. can only be heated by lights
C. serve as an example of energy conservation
D. are warmer than other types of houses

64. According to the passage, which of the following is renewable energy?

- A. Oil B. Coal C. Gas D. Heat

65. At a place where the surface temperature is 15°C, how deep do you have to dig so as to get a temperature of 75°C?

- A. One km. B. Two km. C. Three km. D. Four km.

Passage Two

Life expectancy is rising in much of the world. But doctors are seeing another trend that is disturbing. Some people are choosing lifestyles that result in early death. A new US study looks at four lifestyle choices that prevent people from staying healthy and living longer.

It used to be rare for people to live to 100. But babies born in the US today



can hope to live that long. In the 20th century life expectancy in wealthy nations increased by as much as 30 years. Average life expectancy for Americans is 78. But doctors are seeing people adopt bad habits that can cut their life short, such as eating too much or eating too much junk food, exercising too little and smoking cigarettes. These habits increase the risk for cancer, heart disease and stroke.

Researchers at Harvard University and the University of Washington wanted to find out how many years are lost with these lifestyle choices. "What we found was that high blood pressure, smoking, overweight account for five years of loss of life expectancy in men and about four years in women at the national level," Goodarz Danaei, one of the principal researchers, said. The researchers broke down the data into race, income and location and they found even greater differences. Middle-income whites have the best blood pressure. But Asian-Americans have fewer bad habits and the best health. "They are not getting heart disease because of low blood pressure. They are not getting cancer because they have low risk factors for cancer including smoking," Danaei said.

66. Some people's early death is the result of their ____.

- A. life expectancy B. genes C. lifestyles D. hobbies

67. Babies born nowadays in the US can be expected to ____.

- A. live to 100 B. live less than 100



C.live 30 years longer

D.live to 78

68.What will be the result of exercising too little and smoking cigarettes?

A.They cut people's life short

B.They do no harm to people's health

C.They certainly lead to cancer

D.They certainly lead to heart disease.

69.High blood pressure, smoking and overweight can lead to ____.

A.four years of loss of life expectancy in men and five years in women

B.five years of loss of life expectancy in men while about four years in women

C.five years of loss of life expectancy in both men and women

D.nine years of loss of life expectancy in both men and women

70.Compared with Asian-Americans, middle-income whites have ____.

A.fewer bad habits

B.better health

C.better blood pressure

D.lower risk of cancer

Passage Three

Your house may have an effect on your figure. Experts say the way you design your home could play a role in whether you pack on the pounds or keep them off. You can make your environment work for you instead of against you. Here are some ways to turn your home into part of diet plan.

Open the curtains and turn up the lights. Dark environments are more likely to encourage overeating. for people are often less self-conscious(难为



情)when they're in poorly lit places---and so more likely to eat lots of food. If your home doesn't have enough window light, get more lamps and flood the place with brightness.

Mind the colors. Research suggests warm colors fuel our appetites. In one study people who ate meals in a blue room consumed 33 percent less than those in a yellow or red room. Warm colors like yellow make food appear more appetizing, while cold colors make us feel less hungry. So when it's time to repaint, go blue.

Don't forget the clock---or the radio. People who eat slowly tend to consume about 70 fewer calories(卡路里)per meal than those who rush through their meals. Begin keeping track of the time, and try to make dinner last at least 30 minutes. And while you're at it actually sit down to eat. If you need some help slowing down, turn on relaxing music. It makes you less likely to rush through a meal.

Downsize the dishes. Big serving bowls and plates can easily make us fat. We eat about 22 percent more when using a 12-inch plate instead of a 10-inch plate. When we choose a large spoon over a smaller one total intake(摄入)jumps by 14 percent. And we'll pour about 30 percent more liquid into a short wide glass than a tall skinny glass.

71. The text is especially helpful for those who care about_____.

A. healthy diets

B. their body shape



C.house buying

D.their home comforts

72.Which of the following may make people put on weight?

A.People often feel self-conscious when they have a meal

B.It is encouraged that people should eat in the dark environment.

C.Dark environments may make people eat less because they feel more self-conscious

D. Dark environments may make people eat more because they feel less self-conscious

73.A home environment in blue can help people_____.

A digest food better

B. reduce food intake

C. burn more calories

D. regain their appetites

74. What are people advised to do at mealtimes?

A.Use smaller spoons.

B. Play fast music.

C.Eat quickly

D. Turn down the lights.

75.What can be a suitable title for the text?

A.Is Your House Making You Fat?

B.Effects of Self-Consciousness

C.Ways of Serving Dinner

D.Is Your Home Environment Relaxing?

Passage Four

In New York City, teachers are interested in the different races of their



students. They have noticed that young students spend time together with different races. For example, black students have friendships with white students. But the teachers realized that they begin to change their friendships as they get older. Black students form friendships with other black students, and white students have friendships with other white students.

The teachers believe that older children start to become aware of themselves and what they look like. To understand their own identity, older children connect with people who are similar to them. Each group does not seem to keep friendships with other races. There's nothing wrong with this, but the teachers are concerned about the friendships that students are losing with people who are different from them.

The teachers wanted to change this, so they tried to help their students make friends with people from different races. To do this, the teachers put students of different races together in the same groups during classroom activities. It's also important for the teachers to be helpful. Students feel more encouraged to be friendly with those from other races if the classroom environment is welcoming. There must be trust and respect in the classroom, so the teachers created this type of environment. When the teachers tried all of this, they were happy with the results. Students had more friendships with people from different races.

Why do the teachers think this is important to do? Researchers say that



young students who have friends that are different from that are more comfortable interacting with people. They also found that these students also have greater education goals than students with similar friends. Having friends of different races will prepare these students to become adults who can work successfully with different kinds of people in the real world.

76. Why do older students change their friendships?

- A. Because they don't like to be friends with same race.
- B. Because they prefer to make friends with similar people
- C. Because they prefer to make friends with similar age.
- D. Because they want to be trusted and respected by friends

77. How do the teachers encourage friendships between students of different races?

- A. Teaching students to be helpful to each others.
- B. Teaching students to trust and respect each other.
- C. Putting students of different races in the same race.
- D. Organizing parties for students from different races.

78. What can be inferred(推断) from the passage?

- A. Younger students are aware of their race.
- B. Students most respect and trust their teachers.
- C. Young black students prefer to make friends with black students.



D. Students who make friends with different races are likely to succeed.(学生回忆)

79.The underlined word "identity" in Para.2 means_____.

A.特征

B.名声

C.地位

D.种族

80. What is the passage mainly about?

A.Older students are losing friends from different races.

B.Older students become more sensitive to choosing friends.

C.Teachers are concerned about the older students in school.

D.Teachers can help maintain friendships between different races.

III.Translation(20 points)

Directions: *In this part, there is a short passage in English. Read it carefully and translate it into Chinese.*

Laughter offers a number of positive effects on our health both physically and mentally. First of all, laughter helps strengthen our body and reduce pressure.It can also increase the flexibility of our muscles.What's more,laughter draws our attention from anger despair and other negative feeling, allowing us to see a problem as a challenge rather than a threat. Last but not the least, laughter helps us create hope and a better relationship with people around us, which contributes to the development of stable society.That's why we are encouraged to laugh more in life.

参考答案:

笑声对我们的身心健康有许多积极的影响。首先，笑声有助于强身健体，



减轻精神压力。它还可以增强肌肉的灵活性。其次，笑声可以让我们的注意力从愤怒绝望和其他负面情绪中转移出来，让我们把问题看作是一种挑战，而不是威胁，最后但同样重要的是，笑声可以帮助我们创造希望，与周围的人建立更好的关系，这有助于社会的稳定发展。这就是在生活中我们被鼓励多笑一笑的原因。

Part IV. Writing(20 points)

Directions: *For this part, you are required to write a composition of 120 to 180 words. Your writing should be based on the title and outline given below.*

Keeping pets on campus

- 1.如今越来越多大学生在学校养宠物
- 2.大学生在校园内养宠物的利弊
- 3.你的看法